2026 RECOMMENDED MATERIALS LIST - Liz Haywood-Sullivan Workshops

Finding the materials that work best for you is a process of experimentation, and is individual to each artist. Taking a workshop is the perfect time to try something new. Use this list as a guide, not exact requirements, for your material selections.

Questions? Contact me: liz@haywood-sullivan.com

PASTELS

Review the workshop topic description and be sure to have relevant colors in your palette. Neutral grays and neutralized colors will be important for distance, sky and water scenes.

- Bring your pastels of choice- a minimum of 150 pastels with a good range of colors and values.
- Please clean pastels and remove wrappings so you can see colors, and easily use your pastels.
- If you break them in half you can double the colors you bring. Most pastels will break cleanly.
- Bring a range of soft, medium and harder pastels. At least hard and soft. Soft alone isn't good.
- I highly recommend a single pastel box to contain your pastels, versus bringing them in several different containers. I recommend the Heilman Box www.heilmandesigns.com. This makes for better portability.
- If you do not have a good selection of neutrals then I suggest one of the following: Liz Haywood-Sullivan Girault Neutrals 50 piece set, or Unison Grays 1-18

PAPER and BACKING BOARD

- Paper should be cut between approx 8x10 to 12x16.
- Bring light colored sanded paper (white or beige) so it can be underpainted. I recommend UART, Lux Archival, Art Spectrum, or Canson Touch for their ability to handle an alcohol underpainting.
- If your paper is not mounted to a board then bring a backing board to support your paper.

Additional Supplies

- Portable easel
- Please bring a good sketchbook and drawing utensils*. This is important!
- isopropyl alcohol **
- Tape - no colored painters tape. Black, beige or white only.
- Glassine - to protect your paintings during transport when finished.
- Towel - to place under your easel, softens the blow of dropped pastels and keeps floor clean
- Sealed container to hold underpainting alcohol
- Viewfinder
- Brushes - for underpainting, synthetic brushes, no natural bristle (flats in 1/2", 3/4", 1"sizes recommended)
- camera, phone or tablet for taking pictures (don't forget charging cords)

**Note*: Rochester Art Supply has produced a kit for me with all the materials I recommend (and personally use.) $84 ($128 value) Go to: https://www.fineartstore.com/p-13769-liz-haywood-sullivan-sketching-kit.aspx

**_Note:_ You cannot carry any solvents, including isopropyl alcohol, on a plane. For my workshops, I recommend using isopropyl alcohol for underpainting since it dries fast and is easy to locate in pharmacies.